

# Key facts about the Trimbos Institute for international collaborating partners

The Trimbos Institute is a knowledge centre that conducts research in mental health and addictions. We transfer research findings into practice, in partnership with health care providers in primary care, specialist mental health and addiction services. The Trimbos Institute is a leader in the field of e-mental health and e-learning.

## Mission statement

Our mission is to contribute to the improvement of mental health by sharing knowledge. The Trimbos Institute seeks to enhance the quality of life of the population by engaging in the development and application of knowledge about mental health, addiction and associated physical illnesses, both in the Netherlands and abroad.

## Organisation

The Trimbos Institute was established in 1996 and it is a non-profit public health institute. The Institute has 14 departments carrying out work encompassing both mental health and addictions in the following areas: health promotion and disease prevention, primary health care, long-term treatment, recovery and reintegration, surveillance of population health status, monitoring quality of care, health of young people and of older people.

The Institute is managed by the Board of Directors headed by the CEO and the Finance Director. A Board of Trustees is responsible for overseeing. The Institute employs approximately 240 people.

Staff are the key asset of the Trimbos Institute. We invest in the training and education of our staff, and actively promote their professional development. We carry out PhD programmes in partnership with different Dutch universities. Additionally, many of our senior staff hold part-time academic positions (professorships, lectureships) in these universities.

## Funding

The Trimbos Institute is a project-based organization, contracted by a variety of partners and donors. The Dutch Ministry of Health, Welfare and Sport (VWS) annually contracts the Trimbos Institute for structural projects of the Ministry, through an institutional subsidy that accounts for about 20% of the Institute's income. The Trimbos Institute can receive additional funding from the Ministry for grant calls, on competitive basis. The main source of income of the Institute is acquisition of project grants from different public or private partners and clients.

Since administrative costs are not covered by special subsidy, expert fees include costs of overheads.

The Trimbos Institute has a so called ANBI status (Algemeen Nut Beogende Instelling). This status, granted and by the Dutch Treasury, implies that at least 90% of the Institute's activities are aimed at and contributing to the public's benefit. As such, donations are tax-free. The most recent annual statement of accounts can be found at [www.trimbos.nl](http://www.trimbos.nl).

### Partners and clients

The Trimbos Institute is often commissioned to carry out projects by the Dutch Ministry of Health, Welfare and Sport (VWS), the Netherlands' Organisation for Health Research and Development (ZonMw) and various municipalities. From the private sector, our expertise is often contracted by health insurance companies and employers' federations.

Internationally, the Trimbos Institute collaborates with the World Health Organisation and the European Commission, as well as with other research institutions and health care organization in different countries.

### WHO Collaborating Centre status

The World Health Organization (WHO) has designated the Trimbos Institute as a WHO Collaborating Centre for Dissemination of good practices in mental health. A WHO collaborating centre is part of an inter-institutional collaborative network of selected institutions recognized by WHO to assist the Organization in achieving its planned strategic objectives at regional and global levels, enhancing the scientific validity of its global health work, and developing and strengthening institutional capacity in countries and regions.

### Certificates

The Trimbos Institute is certified according to the ISO 9001:2008 standards and Investors in People Nederland BV (IIP).

### Project management

As a project-based organisation, we assign a multi-disciplinary team for each project. Project management is carried out using the 'Projectmatig creëren 2.0' (Project-wise creation 2.0) method. This approach entails a structured working method, with a transparent process of planning, checks & balances and a clear allocation of roles and responsibilities within the project.

### Quality guarantee

For the Trimbos Institute, the quality of deliverables is of paramount importance. Quality monitoring is ensured by a designated unit of the Institute, that provides on-going support to staff in forms of statistical and methodological advice, organisation of internal courses in project management, research and project implementation methodology, statistical and cost-effectiveness analysis, and qualitative analysis.

Projects are jointly evaluated with our clients. Customer satisfaction surveys have shown that 88% of our clients would recommend the Trimbos Institute to other organisations.

### Professional standards

The Trimbos Institute is committed to the following professional standards:

- Beroepscode voor Psychologen (Professional standards for psychologists) of the Dutch Professional Association of Psychologists.
- Gedragscode Gezondheidsonderzoek (Code of Conduct for Health Research) of the Dutch Federation of Biomedical Scientific Societies, April 2004.
- Gedragscode voor Onderzoek en Statistiek (Code of Conduct for research and statistics) of the Association of Policy Research, the Society of Statistics & Research and the Centre for Marketing Intelligence & Research.

Please visit [www.trimbos.nl](http://www.trimbos.nl) for more information.